

News Release

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Veterans Tee Up in Iowa City

National Rehabilitation Event Marks 22 Years of Golf Therapy

IOWA CITY, Iowa – More than 200 Veterans from across the country are set to participate in one of the nation's top adaptive golf events for blind and disabled Veterans. The National Veterans Training, Exposure, and Experience (TEE) Tournament will kick off in Iowa City on Sept. 7 and run through Sept. 11.

Veterans will golf at several courses in the Iowa City area, including Lake McBride, Kalona Country Club, West Liberty Country Club, Elks Country Club and Blue Top Ridge golf courses.

While golf is the featured event, participants also can develop new skills and confidence through participation in other adaptive sports activities including bowling, kayaking, horseback riding, tandem biking, fishing and Frisbee golf.

Participation is open to Veterans with visual impairments and other disabilities receiving care at any VA medical facility. VA research and clinical experience verify that physical activity is important to maintaining good health, speeding recovery and improving overall quality of life.

The event is hosted by the Iowa City VA Health Care System, with sponsorship support from Veterans Canteen Service (VCS) and many others. More than 300 volunteers are expected to donate their time and efforts to the event.

For more information visit <u>www.tee.va.gov</u> and follow VA Adaptive Sports on Twitter at @VAAdaptiveSport or on Facebook at <u>www.facebook.com/vaadaptivesports</u>.

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